TEAM: _____ **Baseball Manitoba Pitch Count Logbook Monthly Form** MONTH: **MAY**

11U	13U	15U	18U	21U	REST REQUIRED
# of Pitches	# of Pitches	# of Pitches	# of Pitches	# of Pitches	PERIOD
1-25	1-30	1-35	1-40	1-45	None
26-40	31-45	36-50	41-55	46-60	1 day
41-55	46-60	51-65	56-70	61-75	2 days
56-65	61-75	66-80	71-85	75-90	3 days
66-75	76-85	81-95	86-105	91-115	4 days
75	**85**	**95**	**105**	**115**	**Total Pitches Allowed in a Day**

Pitchers	Monthly Pitch Totals (Please fill in numbers from Game Logbook Forms) Each number below corresponds to a day of the month. Mark in the number of pitches thrown on a day and mark an X to indicate the rest days. In the example, John Smith threw 45 pitches on May 1 and requires 3 days rest (days marked by X). He can pitch again on May 5.																													Total Pitches for the month	Total Pitches to date for the year
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31		
Billy Smith (Mosquito)	65	X	X	X																													
Scorekeeper Initials																																	