



## BASEBALL MANITOBA COVID-19 RETURN TO PLAY

# COACH'S CHECKLIST: TRAINING

This checklist has been created to help you, as a coach, stay within the guidelines of Baseball Manitoba's Return to Play for practices, tryouts, camps, clinics, and training sessions for 2021.

### WHAT YOU **NEED** TO DO:

- Ensure that every participant, including yourself, has signed Baseball Manitoba's 2021 Waiver and Release
- Host a virtual parent meeting prior to the season to educate families of the Return to Play Guidelines
- Ensure that a team representative will act as the Health and Safety Coordinator for each session and the entire season
- Design practice plans and dugout usage to include Physical Distancing (6 feet), except for brief exchanges
- Remind players each session of the restrictions:
  - Physical Distancing
  - No sharing of equipment, unless sanitized between use
  - No sharing of personal items
  - No licking fingers, spitting, chewing gum, or eating sunflower seeds
  - No handshakes or high fives
- Request that players arrive no earlier than 30 minutes ahead of sessions
- Follow batting cage protocol - 2 people maximum per cage
- Conduct team huddles and meetings using Physical Distancing
- In collaboration with the Health and Safety Coordinator, ensure all baseballs and bases are disinfected after each session
- Ensure players sanitize their hands if seen touching their face
- Masks **MUST** be worn by **ALL** indoors, unless participating in physical activity.
- Coaches are encouraged to wear a mask outdoors when not engaged in physical activity or cannot properly Physical Distance (2m)

**Thank you for your dedication and cooperation. Have a great summer of baseball!**